

General Application



Place forearm into sling at 90° angle, seating elbow snugly in corner pocket. Use included elbow pad, if necessary, to improve fit or comfort.



Place thumb through thumb loop. Thumb loop can be repositioned for maximum comfort.



Close top flap to secure sling.
Note: right arm application shown above. For left arm application, flap will fold towards body.



Place adjustable strap around neck and fasten to sling via quick-release buckles.



Position guisseted chamois neck pad where it is most comfortable.



Adjust strap, if necessary, from the front, as shown here, or...



...from the back. If strap is too long, see **Trimming Straps**.

Immobilization



Locate pocket on the side of the sling facing the body. Connect immobilizer strap to buckle located in pocket.



Pull strap around back and feed through belt loop located on the elbow end of the sling.



Pull strap back in opposite direction and fasten snugly onto itself.

Abduction



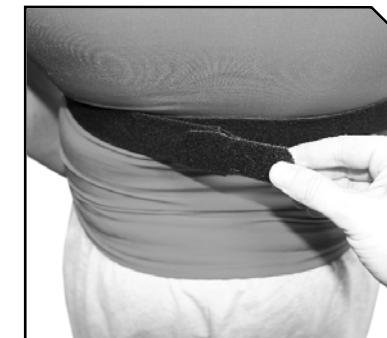
Attach double-sided hook strip to loop panel on side of sling facing body.



Position abduction pillow between body and sling, using hook strip to connect the two. For additional support, add underarm pillow [see inset].



Pull abduction pillow strap around back and attach via quick-release buckle located on pillow.



Strap can be adjusted to obtain desired fit. If strap is too long, see **Trimming Straps**.

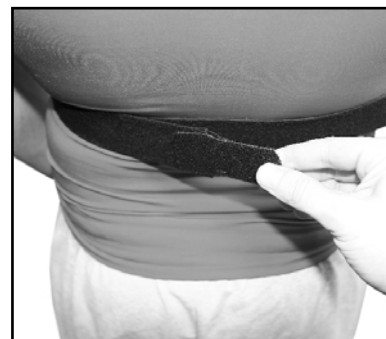
External Rotation



Using double-sided hook strips, attach wedge pillow to abduction pillow on side that faces away from body. Adjust joined pillow configuration to desired position.



Pull pillow strap around back and attach to abduction pillow via quick-release buckle located on tail end of pillow.



Strap can be adjusted to obtain desired fit. If strap is too long, see **Trimming Straps**.



Attach double-sided hook strip to loop panel on side of sling facing body.



Secure sling to pillow configuration. Adjust shoulder strap, if necessary, to obtain desired fit. If shoulder strap is too short, replace with alternate strap included in external rotation kit.

Trimming Straps



All straps on the SmartSling feature alligator clips for easy strap trimming. If any strap is too long, simply remove an alligator clip, trim the strap to the desired length and replace the clip.

